

TWS	UPWIND			DOWNWIND	
	BOOM/MAST	JIB & TRACK	NOTES	SPINN. & JIB	NOTES
UP TO 6	<ul style="list-style-type: none"> • BOOM TO WINDWARD IF LESS THAN 4 • NO RUNNER 	<ul style="list-style-type: none"> • J1 • IN HARD • WEIGHT FORWARD 	<ul style="list-style-type: none"> • SPEED THEN COME UP • 12 DEG HEEL 	<ul style="list-style-type: none"> • A1 • JIB DOWN 	<ul style="list-style-type: none"> • WEIGHT FORWARD • SPEED THEN DEPTH
6-10	<ul style="list-style-type: none"> • TRACK DOWN • SOME RUNNER 	<ul style="list-style-type: none"> • J1 • 5.5-6.5 • TRIM UP AS SPEEDS UP 	<ul style="list-style-type: none"> • KEEP WEATHER HELM ON 	<ul style="list-style-type: none"> • A1 • JIB DOWN 	<ul style="list-style-type: none"> • WEIGHT FORWARD • SAIL LOWER & TEST ANGLES
10-14	<ul style="list-style-type: none"> • FULL RUNNER • VANG SHEET AT 13-14 	<ul style="list-style-type: none"> • J2 • 6.5-8 	<ul style="list-style-type: none"> • CAN TRIM JIB H. SIDE BY ENGAGING GRINDER BS 	<ul style="list-style-type: none"> • A2 • KEEP JIB 	<ul style="list-style-type: none"> • SOME WEIGHT BACK • STEER UP 5 DEG THEN DOWN
14-19	<ul style="list-style-type: none"> • FULL RUNNER • VANG SHEET 	<ul style="list-style-type: none"> • J2 • 7.5-8 	<ul style="list-style-type: none"> • EASE JIB IN PUFFS • GO FOR SPEED 	<ul style="list-style-type: none"> • A2 - DEEP • A3 - HIGH • KEEP JIB 	<ul style="list-style-type: none"> • MORE WEIGHT BACK
19 PLUS	<ul style="list-style-type: none"> • FULL RUNNER • VANG SHEET 	<ul style="list-style-type: none"> • J HEAVY • 7-8.5 	<ul style="list-style-type: none"> • EASE JIB IN PUFFS • GO FOR SPEED 	<ul style="list-style-type: none"> • A4 • KEEP JIB 	<ul style="list-style-type: none"> • ALL WEIGHT BACK